

2010 Thunderbolt International Swim Meet

Dates: May 28, 29, 30, 2010

Pool: Thunder Bay Canada Games Complex Pool

Swim Meet Sessions:

Friday May 28/10 Warmup ~ 4:00 – 5:30 PM
12 & Under / 13 & Over ~ 200 Free Relay; 400 IM; 200 Medley Relay; 800 Free
Saturday May 29/10 13 & Over ~ Warmup ~ 7:30 – 8:30 AM
200 Free; 100 Fly; 200 Breast; 100 Back; 200 IM; 50 Free
12 & Under ~ Warmup ~ 12:00 Noon – 1:00 PM
200 IM; 50 Free; 50 Breast; 200 Breast; 100 Fly; 100 Back; 200 Free
13 & Over ~ FINALS ~ Warmup ~ 5:00 – 6:00 PM
Sunday May 30/10 13 & Over ~ Warmup ~ 7:30 – 8:30 AM
100 Breast; 200 Fly; 100 Free; 200 Back; 400 Free
12 & Under ~ Warmup ~ 12:00 Noon – 1:00 PM
400 Free; 100 Breast; 50 Fly; 200 Fly; 100 Free; 50 Back; 200 Back

PLEASE NOTE: The KSS will NOT swim Finals on Sunday PM.

Swim Meet: Heats & Finals Swim Meet for 13 & Over Swimmers; Timed Finals for 12 & Under Swimmers. This is a fairly good swim meet in a fairly fast lc pool. The main competition will come from NWO Regional Swimmers and swimmers from US Teams based in Minnesota and Wisconsin.

Eligible Swimmers: All KSS competitive swimmers are eligible to compete in this swim meet.

Travel: All KSS swimmers are asked to travel OYO with their parents or with parent organized car pools. I will travel to Thunder Bay in my vehicle. Room for three or four swimmers.

Accommodation: The KSS has booked a number of rooms at the **Prince Arthur Hotel**. Nice older hotel. Large rooms. Most have been redone in the past two or three years. Actually can be quite a nice, quiet place. Rooms are **\$79.99 per night**. Does not include breakfast. There is a restaurant in the hotel. Five to ten minutes from the Canada Games Pool. Please #1 ~ call the prince Arthur at **807 – 345 – 5411** to reserve a room **AND** #2 let Colleen Jones know that you have booked a room. **All rooms should be booked prior to our Entry Deadline ~ Wednesday May 5/10.**

KSS Travel Fee: **\$140.00** per swimmer. Covers Swim Meet Entries + KSS Coaching Fees + Miscellaneous expenses.

Entry Deadline: Wednesday May 5, 2010

KSS Travel Permission Form ~ Thunderbolt International Swim Meet

Swimmer _____ Age (on May 28/10) _____

My swimmer will compete in the 2010 TBT International Swim Meet _____

My swimmer will travel and stay with me _____

My swimmer will travel and stay with _____

Cheque for \$140.00 enclosed _____ Take \$140.00 from Excess Fundraising Account _____

Parent _____ Date _____